

SOME PREVENTIVE MEASURES TO COMBAT DENGUE

- Dengue infection spreads by 'Aedis' mosquito. This mosquito bites during day time and breeds in clean water.
- Water stagnation should not be allowed around house, water reservoirs, broken or unbroken containers, buckets, flower cases, flower tubs, thrown away cut green coconut/coconut shells, tyres, etc.
- If any container is to be kept in an open space, it should be turned upside down.
- Stagnated water in air conditioners, air coolers and refrigerators should be emptied.
- All water/air coolers should be cleaned once a week and dried before re-use.
- One table spoon of petrol may be added in the cooler water once a week to prevent breeding of mosquitoes.
- Overhead water tanks in Office buildings and in residential colonies should be cleaned and kept covered and if possible, air tight.
- Temporary water containers/haundis used to store water for any purpose should be drained out and kept covered after refilling.
- Collection of waste water should not be allowed inside of Office premises. A little quantity of kerosene/petrol/diesel may be added if any waste water is found stagnant in near Office buildings.
- Unused / broken bottles, cups, pot and tyre that can hold water, should not be left open.
- At present, the only method of controlling or preventing dengue is to combat vector mosquitoes as because there is no specific treatment of dengue and no vaccine also.
- If there is any fever with multiple joint pain, aspirin group medicine should never be given only paracetamol may be given with copious water, fruit juice and normal diet and doctor to be consulted immediately.

Sd/-
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